



22 Jul 2015

Maitland Mercury, Maitland NSW

Section: General News • Article type : News Item • Classification : Regional
Audience : 2,666 • Page: 13 • Printed Size: 50.00cm² • Market: NSW • Country: Australia
ASR: AUD 232 • Words: 132 • Item ID: 438207270

 isentia.mediaportal

Copyright Agency licensed copy (www.copyright.com.au)

Page 1 of 1

 [back](#)

WINTER WARMTH SECRETS

The secrets to staying warm this winter without spending big on the electricity bill could lie with grandma and grandpa, according to a new study from the University of Wollongong and Macquarie University. Researchers picked the brains of low-income residents aged 60 and above in the Illawarra, Southern Highlands and Shoalhaven to assist a program looking into different ways to support energy efficiency in the home without compromising comfort. "[Some] people told us how they wrap themselves up in a blanket in winter because they thought this was the sensible thing to do to stay warm and thrifty," said Energy+Illawarra project leader Dr Ross Gordon. "They pointed out how younger people were often wasteful of money and energy by not turning off lights, heaters or unplugging television sets and microwave ovens."